



SACRED HEART PARISH

PRIESTLY FRATERNITY OF ST. PETER

4643 GAYWOOD DR.

FORT WAYNE, INDIANA 46806

260-744-2519



Rev Mark Wojdelski, FSSP Pastor

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(In Sacred Heart school building)

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Regina Caeli Choir

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MASS SCHEDULE

Sunday	8:00 am (Low Mass)
	10:00 am (Missa Cantata)
Mon, Tues & Thurs	7:00 am
Wed & Fri	6:00 pm
Saturday	9:00 am
Holy Days	Check Bulletin

SACRAMENT OF PENANCE (Confession)

Friday	5:30 pm
Saturday	8:30 am
Sunday	7:30 & 9:30 am

Any time by appointment.



SACRAMENT OF MATRIMONY

Active registered parishioners should contact the Pastor at least six Months in advance of the date.

BAPTISM

Please contact the office.

LAST SACRAMENTS AND SICK CALLS

Please contact the office. In an emergency requiring Extreme Unction or Viaticum please call 267-6123.

**MASS INTENTIONS
FOR THE WEEK**

Sunday Mar. 1 8:00 AM 10:00 AM	First Sunday of Lent Major G. Klinker + <i>Pro Populo</i>
Monday Mar. 2 7:00 AM	Feria of Lent Living and deceased members of the John and Phyllis Kuhn Family
Tuesday Mar. 3 7:00 AM	Feria of Lent Bridget Bills
Wednesday Mar. 4 6:00 PM	Ember Wednesday of Lent Family of Jon and Corrie Holm
Thursday Mar. 5 7:00 AM	Feria of Lent John Timmers +
Friday Mar. 6 6:00 PM 6:30 PM	Ember Friday of Lent Stations of the Cross Benjamin Rorick
Saturday Mar. 7 9:00 AM	Ember Saturday of Lent Teresa Miller +
Sunday Mar. 8 8:00 AM 10:00 AM	Second Sunday of Lent Larry Koralewski <i>Pro Populo</i>

Please join your fellow parishioners for coffee and donuts after the 8:00 AM Mass on the first Sunday of the month, or after the 10:00 AM Mass on the first and third Sundays of the month. This is also the time to visit our small lending library of good Catholic books and media. This is located just across from the bathrooms in the school basement.

Blessing of religious objects takes place after Mass on the third Sunday of every month. Please leave your objects on the designated table in the school basement.



**SUMMARY OF UPCOMING EVENTS
(see announcements for details)**

- Mar. 6-7—First Friday and First Saturday
- Mar. 6—Young Ladies’ Sodality
- Mar. 13—Troops of St. George
- Mar. 18—Ladies’ Group
- Mar. 19—Feast of St. Joseph (7 PM High Mass)
- Mar. 20—Militia of St. Joseph

REGULATIONS FOR LENT

Lent begins on Ash Wednesday, Feb. 26. The following are the barest minimum obligations which must be observed by Catholics under pain of serious sin (if there is no serious excusing cause). Abstinence from meat is observed on Ash Wednesday, Good Friday, and all the Fridays of Lent by all Catholics 14 years of age and older. Fasting is observed on Ash Wednesday and

First Sunday of Lent

Good Friday by all Catholics who are 18 years of age but not yet 59 years of age. Those bound by this rule may take only one full meatless meal. Two smaller meals, not equaling together a full meal, are permitted as necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted. If there are any questions about when one would not be obliged to this observance, please ask the pastor. The older regulations are given at the end of this bulletin for those who wish to observe Lent in a more traditional manner.

STATIONS OF THE CROSS

There will be Stations of the Cross each Friday evening during Lent beginning at 6 PM, followed by Mass at 6:30 PM. Please join us for this special Lenten devotion.

SIMPLE SUPPERS—FRIDAYS OF LENT

We are offering a simple meatless supper on the six Fridays of Lent (February 28, March 6, 13, 20 & 27 and April 3) following Stations of the Cross at 6:00 pm and Mass at 6:30 pm. The Church will provide drinks and some of the food but we need people to pitch in and sign up to bring other dishes. There are detailed [SIGN UP SHEETS for all six Fridays of Lent](#) on a blue clipboard on the table by the west entrance that specify what kind of dish to bring. Please sign up to bring a dish on as many Fridays as you can!

YOUNG LADIES' SODALITY

The Young Ladies' Sodality will meet on **Friday, March 6 at 4 p.m.** in the school building. The sodality aims to help girls grow in their faith and learn to live the liturgical year while also cultivating good friendships. Each meeting includes a short talk by our Pastor as well as a craft activity related to the month's topic. All girls of the parish ages 6 and older are welcome. For more information, please contact Barbara: bpestritto@gmail.com

OLDER LENTEN REGULATIONS FOR DEVOTIONAL PURPOSES (NO LONGER BINDING ON THE CONSCIENCES OF CATHOLICS)

Fasting was observed on all days of Lent, Sundays excepted. Contrary to what many believe and what many currently available "traditional" calendars claim, this even applied to major feast days (St. Joseph and the Annunciation), in order to preserve the integrity of the forty days of fast. Complete abstinence from meat was observed on Fridays and the Ember Days of Lent. Partial abstinence (meat allowed once) was observed on the remaining days. Although these regulations no longer

bind, anyone able to do so is exhorted to follow the more strict, traditional fast and abstinence during the season of Lent. Although not as meritorious as when it was required by the Church, because now only the virtue of temperance, but not obedience, is being exercised, fasting is still a valuable means to bring the appetites under control and free the mind to contemplate higher things, as long as any temptation to pride is avoided, as the Pharisee who boasted about his observance of fasting.

PRAYERS BEFORE THE COMMUNION (cont.)

(Taken from Notes Made at the Conferences of Dom Prosper Guéranger)

The Priest has yet two other Prayers to recite before the Communion. Those now found in the Missal are not very ancient; nevertheless, they are at least a thousand years old. Formerly, what was said at this moment was traditional, just as were the prayers of the Offertory; so that these Prayers are not to be found in the Sacramentary of St. Gregory, which contains only the Prefaces, the Canon, and the Collects, Secrets, and Postcommunions. All the rest was transmitted by Tradition, and varied in the several Churches. The two now fixed in this Missal were chosen from out of the variety of Prayers thus handed down. These two Prayers are always said, even when the Prayer of Peace is omitted.

The first of these begins thus: Domine Jesu Christe, Fili Dei vivi, qui ex voluntate Patris, cooperante Spiritu Sancto, per mortem tuam mundum vivificasti... Lo! in the death of Our Lord, the whole Blessed Trinity acts; the Father wills it, the Holy Ghost co-operates and assists the Sacred humanity of Our Lord in the voluntary Offering that He makes of Himself. But let us continue the Prayer: libera me per hoc Sacrosanctum Corpus et sanguinem tuum, ab omnibus iniquitatibus meis, et universis malis. The first thing we ought to desire, when approaching Holy Communion, is that our sins may disappear; and as we have not the present moment alone in view, we moreover beg to be freed from all evils, adding this petition regarding the future: et fac me tuis semper inhaerere mandatis et a Te numquam separari permittas. Qui cum eodem Deo Patre et Spiritu Sancto vivis et regnas Deus in saecula saeculorum. Amen. Here three things are begged by us, of the God who is coming unto us in the holy Communion: first, that we may be delivered from our sins; then, that we may ever adhere closely to his commandments; and finally, that He would never allow us to be separated from Him.